

PASS ZONE 4 (5.6)	ESSEX
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Monday - Friday

About every 30 minutes between Upminster & Lakeside (20 minutes in pm peak)

[illegible][illegible]

Saturday

349 combines to give a bus every 30 minutes between Upminster & Lakeside

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Romford Station Stop ZA ➡	---	---	---	---	---	1025	---	---	---	---	---	---	---	---	---	---	---	---	---	---
Romford Market St. Edwards Way	0739	0839	0903	0931	0959	1029	59	29	---	---	1359	1429	1459	---	---	1659	1731	1803	1835	1907
Romford Station Stop Y ➡	0742	0842	0907	0935	1004	---	04	---	---	---	1404	---	1504	---	---	1704	1735	1807	1838	1910
Romford Roneo Corner	0745	0845	0910	0938	1008	---	08	---	---	---	1408	---	1508	---	---	1708	1739	1811	1841	1913
Hornchurch Madison Exchange	0752	0852	0917	0946	1016	---	16	---	---	---	1416	---	1516	---	---	1716	1747	1818	1848	1920
Umpinster Station ➡	0800	0900	0925	0955	1025	1055	then	25	55	---	1425	1455	1525	---	---	1725	1755	1825	1855	1925
Cranham Jobbers Rest	0806	0906	0931	1001	1031	1101	at	31	01	---	1431	1501	1531	---	---	1731	1801	1831	1901	1931
North Ockendon White Horse	0811	0911	0936	1006	1036	1106	these	36	06	---	1436	1506	1536	then	every	1736	1806	1836	1906	1936
South Ockendon Royal Oak	0814	0914	0939	1009	1039	1109	mins	39	09	until	1439	1509	1539	30	1739	1809	1839	1909	1939	1939
Ockendon Station Forecourt ➡	0817	0917	0942	1012	1042	1112	past	42	12	---	1442	1512	1542	---	mins	1742	1812	1842	1912	1942
Belhus Derwent Parade	0821	0921	0946	1016	1046	1116	each	46	16	---	1446	1516	1546	---	until	1746	1816	1846	1916	1946
Foley Drive/Stifford Road	0824	0924	0949	1019	1049	1119	hour	49	19	---	1449	1519	1549	---	---	1749	1819	1849	1919	1949
Aveley High Street	0827	0927	0952	1022	1052	1122	52	22	---	---	1452	1522	1552	---	---	1752	1822	1852	1922	1952
Aveley Hall Road	0829	0929	0954	1024	1054	1124	54	24	---	---	1454	1524	1554	---	---	1754	1824	1854	1924	1954
Lakeside Tesco	0835	0935	1000	1030	1100	1130	00	30	---	---	1500	1530	1600	---	---	1800	1830	1900	1930	2000
Lakeside Bus Station Bay 10	0841	0941	1006	1036	1106	1136	06	36	---	---	1506	1536	1606	---	---	1806	1836	1906	1936	2006

Sunday & Bank Holidays

Every 60 minutes

Romford Market St. Edwards Way	0903	03	1603	1703	1803
Romford Station Stop Y	0906	06	1606	1706	1806
Romford Roneo Corner	0909	09	1609	1709	1809
Homchurch Madison Exchange	0916	16	1616	1716	1816
Upminster Station	0925	then	1625	1725	1825
Cranham Jobbers Rest	0931	at	1631	1731	1831
North Ockendon White Horse	0936	these	1636	1736	1836
South Ockendon Royal Oak	0939	mins	1639	1739	1839
Ockendon Station Forecourt	0942	past	1642	1742	1842
Belhus Derwent Parade	0946	each	1646	1746	1846
Foyle Drive Stifford Road	0949	hour	1649	1749	1849
Aveley High Street	0952	52	1652	1752	1852
Aveley Hall Road	0954	54	1654	1754	1854
Lakeside Tesco	1000	00	1700	---	---
Lakeside Bus Station Bay 10	1006	06	1706	---	---

Daily

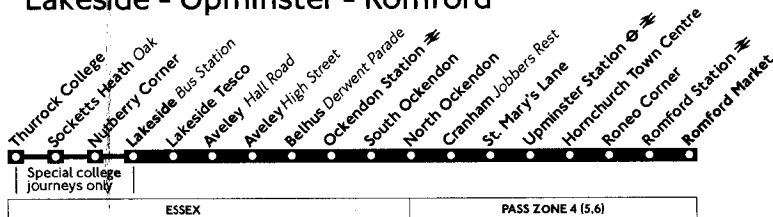
Starts 28th July

1997

including journeys

on routes 349 & 648

Lakeside - Upminster - Romford



Monday - Friday **About every 30 minutes between Lakeside & Upminster (20 minutes in am peak)**

						349	349		349	NCD	CDO	349		349		349			
						NSD	SDO				0845*								
* Thurrock College Woodview	---	---	---	---	---	---	---	---	---	0815	0845	↓	0915	0945	15	45	1315	1345	
Lakeside Bus Station Bay 10	---	---	---	---	---	---	---	---	---	0821	0851	↑	0921	0951	21	51	1321	1351	
Lakeside Tesco	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	
Aveley Hall Road	0527	0557	0627	0647	0707	0707	0712	0757	0827	0857	0857	0927	0957	27	57	1327	1357		
Aveley High Street	0529	0559	0629	0649	0709	0709	0714	0759	0829	0859	0859	0929	0959	29	59	1329	1359		
Foyle Drive Stifford Road	0532	0602	0632	0652	0712	0712	0717	0802	0832	0902	0902	0932	1002	then	32	02	1332	1402	
Bellbus Derwent Parade	0534	0604	0634	0654	0714	0714	0719	0804	0834	0904	0904	0934	1004	at	34	04	1334	1404	
Ockendon Station Forecourt ⇄	0538	0608	0638	0658	0718	0718	0733	0808	0838	0908	0908	0938	1008	these	38	08	1338	1408	
South Ockendon Royal Oak	0541	0611	0641	0701	0721	0721	0736	0811	0841	0911	0911	0941	1011	mins	41	11	until	1341	1411
North Ockendon White Horse	0544	0614	0644	0704	0724	0724	0739	0814	0844	0914	0914	0944	1014	past	44	14	1344	1414	
Cranham Jobbers Rest	0549	0619	0649	0709	0729	0729	0744	0819	0849	0919	0919	0949	1019	each	49	19	1349	1419	
Uppminster Station ⇄	0555	0625	0655	0716	0736	0736	0752	0827	0854	0926	0926	0954	1026	hour	54	26	1354	1426	
Hornchurch Madison Exchange	0602	0632	0702	0723	↓	HW D	0801	0836	↓	0934	0934	↓	1034	↓	34	↓	1434	↓	
Romford Roneo Corner	0609	0639	0709	0730	↓	---	0810	0845	↓	0942	0942	↓	1042	↓	42	↓	1442	↓	
Romford Station	0612	0642	0712	0734	↓	---	0814	0849	↓	0946	0946	↓	1046	↓	46	↓	1446	↓	
Romford Shopping Centre	0615	0645	0715	0737	0758	---	0818	0853	0916	0950	0950	1016	1050	16	50	1416	1450		
Romford Station ⇄	---	---	---	---	0801	---	---	---	0919	---	---	1019	---	19	--	1419	---		


	349	349				648									Friday		* College Days	
* Thurrock College Woodview	NSD	SDO	---	---	1550*	1650*	1720*	---	---	---	---	---	---	---		349	Operates via Shepherds	
Lakeside Bus Station Bay 10	1415	1415	1445	1515	1600	1700	1730	1805	1845	1915	1945	2015	2115				Hill, Harold Wood &	
Lakeside Tesco	1421	1421	1451	1521	1606	1706	1736	1811	1851	1921	1951	2021	2121				& Gallows Corner	
Aveley Hall Road	1427	1427	1457	1527	1612	1712	1742	1817	1857	1927	1957	2027	2127				between Upminster &	
Aveley High Street	1429	1429	1459	1529	1614	1714	1744	1819	1859	1929	1959	2029	2129				Romford.	
Foyle Drive, Stifford Road	1432	1432	1502	1532	1617	1717	1747	1822	1902	1932	2002	2032	2132			648	Operates via Front Lane.	
Belhus Derwent Parade	1434	1434	1504	1534	1619	1719	1749	1824	1904	1934	2004	2034	2134				Upminster Park Estate	
Ockendon Station Forecourt	1438	1438	1508	1538	1623	1723	1753	1828	1908	1938	2008	2038	2138				& Avon Road between	
South Ockendon Royal Oak	1441	1441	1511	1541	1626	1726	1756	1831	1911	1941	2011	2041	2141				Cranham & Upminster.	
North Ockendon White Horse	1444	1444	1514	1544	1629	1729	1759	1834	1914	1944	2014	2044	2144					
Cranham Jobbers Rest	1449	1449	1519	1549	1634	1734	1804	1839	1919	1949	2019	2049	2149			NSD	Non School Days	
Upminster Park Estate					↓		1809		↓		↓		↓			SDO	School Days Only	
Upminster Station	1454	1454	1526	1556	1642	1742	1816	1847	1927	1956	2026	2055	2155			NCD	Non College Days	
Hornchurch Madison Exchange			↓	1534	1606	1751	1823	1856	1936	2003	2033	2102	2202			CDO	College Days Only	
Romford Roneo Corner			↓	1542	1614	1659	1759	1831	1904	1944	2009	2039	2107	2207			Friday	Fridays Only
Romford Station			↓	1546	1618	1703	1803	1835	1908	1948	2012	2042	2110	2210			HWD	To Harold Wood
Romford Shopping Centre	1516	---	1550	1622	1707	1807	1838	1912	1952	2015	2045	2113	2213					
Romford Station	1519	---	---	---	---	---	---	---	---	---	---	---	---					

Saturday 349 combines to give a bus every 30 minutes between Lakeside & Upminster

	349				349		349		349						
Lakeside Bus Station Bay 10	---	---	---	0845	0915	0945	15	45	1615	1645	1715	1745	1815	1845	2015
Lakeside Tesco	---	---	---	0851	0921	0951	21	51	1621	1651	1721	1751	1821	1851	2021
Aveley Hall Road	0647	0747	0827	0857	0927	0957	27	57	1627	1657	1727	1757	1827	1857	2027
Aveley High Street	0649	0749	0829	0859	0929	0959	29	59	1629	1659	1729	1859	1829	1859	2029
Polys Drive, Stifford Road	0652	0752	0832	0902	0932	1002	then	32	1632	1702	1732	1802	1832	1902	2032
Boylebus, Derwent Parade	0654	0754	0834	0904	0934	1004	at	04	1634	1704	1734	1804	1834	1904	then 2034
Ockendon Station Forecourt	0658	0758	0838	0908	0938	1008	these	38	1638	1708	1738	1808	1838	1908	every 2038
South Ockendon Royal Oak	0701	0801	0841	0911	0941	1011	mins	41	1641	1711	1741	1811	1841	1911	30 2041
North Ockendon, White Horse	0704	0804	0844	0914	0944	1014	past	44	1644	1714	1744	1814	1844	1914	mins 2044
Cranham, Jobbers Rest	0709	0809	0849	0919	0949	1019	each	49	1649	1719	1749	1819	1849	1919	mins 2049
Upminster Station	0715	0815	0856	0926	0954	1026	hour	54	1654	1726	1754	1825	1855	1925	2055
Hornchurch, Madison Exchange	0722	0822	0904	0935	↓	1035	↓	35	↓	1735	↓	1835	1902	31	2101
Romford, Roneo Corner	0729	0829	0911	0943	↓	1043	↓	43	↓	1741	↓	1839	1908	37	2107
Romford Station	0732	0832	0914	0947	↓	1047	↓	47	↓	1744	↓	1842	1911	40	2110
Romford Shopping Centre	0735	0835	0917	0951	1016	1051	16	51	1616	1747	1816	1845	1914	2013	2113
Romford Station	---	---	---	---	1019	---	19	--	1619	---	1819	---	---	---	---

Sunday & Bank Holidays Every 60 minutes

Lakeside Bus Station Bay 10	---	---	1045	45	1745
Lakeside Tesco	---	---	1051	51	1751
Aveley Hall Road	0857	0957	1057	57	1757
Aveley High Street	0859	0959	1059	59	1759
Foyle Drive Stifford Road	0902	1002	1102	then	1802
Belhus Derwent Parade	0904	1004	1104	at	1804
Ockendon Station Forecourt	0908	1008	1108	these	1808
South Ockendon Royal Oak	0911	1011	1111	mins	1811
North Ockendon White Horse	0914	1014	1114	past	1814
Cranham Jobbers Rest	0919	1019	1119	each	1819
Uppminster Station	0925	1025	1125	hour	1825
Hornchurch Madison Exchange	0931	1031	1131	31	1831
Romford Roneo Corner	0937	1037	1137	37	1837
Romford Station	0940	1040	1140	40	1840
Romford Market St. Edwards Way	0943	1043	1143	43	1843

At Upminster Station , buses towards Romford pick up at stop C (route 348/648) or stop A (route 349)